



HEALTHY HORSEPLAY Local women-owned businesses are banding together to sponsor **Shop and Pamper to Help a Camper**, a day of eating, shopping and indulging in spa and meditative services. The event will benefit Camp Casey, a horse camp that provides one-day horseback-riding retreats to kids battling cancer, along with their families. At various farms, youngsters and their close relatives can spend five hours riding, learning about their surroundings and taking part in other activities with plenty of treats as well as healthy foods. For those unable to leave home, the horses make house calls. The event takes place 4-9 p.m. Thursday, May 8, at Equilibrium Pilates Studio in Bloomfield Hills, where 15 different boutiques will be offering their best, including Franklin Spa, the Cupcake Station and Lulu Lemon Athletica. The camp receives 15 percent of proceeds. (248) 705-2780; camp-casey.org.