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Pamper yourself and fight cancer

Just in time for Mother's Day, the perfect gift for those who enjoy helping others.

Equilibrium Pilates Studio at 6405 Telegraph Road in Bloomfield Township is presenting "Shop and Pamper To Help a Camper." It's an afternoon of pampering, with 15 percent of the day's earnings going to Camp Casey, a horse camp for kids with cancer.

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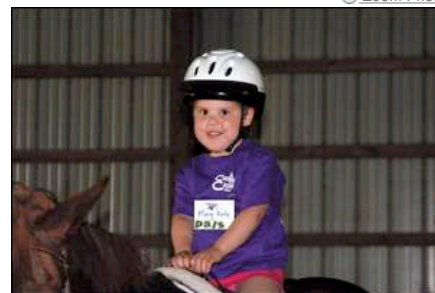
The event takes place 4-9 p.m. Thursday, May 8. Patrons will eat, shop, enter to win raffle prizes and indulge in spa and meditative services.

"Camp Casey is the perfect marriage of my most profound passions," studio owner Nancy Hodari said. "Using the power of women and generous volunteers to give something to children that uniquely provides

delight and healing."

Molly Melamed, 25, launched Camp Casey while studying at Michigan State University. The young woman wanted to do something after witnessing the positive effect that horses had on Casey Foote, a 12-year-old girl who died from bone and brain cancer in 2003.

What was supposed to be a one-time activity day for patients at Sparrow Hospital has morphed into a mobile day camp throughout all of Michigan. To learn more, visit www.camp-casey.org.



Mary Kate Cullen, 5, enjoys a horse ride at Camp Casey.

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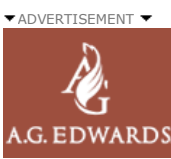
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